

Ways our Volunteers can help!

There are many ways to support people with learning disabilities to express their views, opinions and feelings.

ARE YOU A CREATIVE PERSON?

Ways you could help our members express themselves:

MAKING A FILM

THROUGH MUSIC

ARTS & CRAFTS

POETRY

DANCE & DRAMA

DEVELOP A FRIENDSHIP GROUP

Could you support our members to develop their literacy and numeracy skills?

Ways you could help our staff team:

DEVELOP OUR WEBSITE

SUPPORT OUR SOCIAL MEDIA

CREATE OUR NEWSLETTERS

POSTERS | FLYERS | LEAFLETS