

August

2022

NSPF Activities

This calendar shows our activities taking place in August. Pop the dates in your diaries of things that are of interest to you. From time to time, we may need to make small changes to the plan. Please look out for our weekly events list and reminder invites, confirming the finer details.



Monday	Tuesday	Wednesday	Thursday	Friday
1 GREEN WALK Weston Woods Meet at Birnbeck Pier 3pm. Michelle	2 WALKING GROUP Weston Pier to Clarence Park. 2pm-3.30pm. Kerrie	3 DUNGEONS & DRAGONS Locking Castle Church, 2pm	4	5 FRIENDS TOGETHER Portishead. Hall & Woodhouse. 10.30am to 12pm
8	9 GREEN WALK Portishead Lake Grounds. 1.30-3.30pm.	10 SPEAKING UP WsM The Campus 11am-1pm	11	12
15 FRIENDS TOGETHER Clevedon. Salthouse Pub. 10.30am-12pm Lynda & Denise	16 WOMEN'S WELLNESS The Campus. 10.30am WALKING GROUP Sandbay 2-3.30pm	17 FRIENDS TOGETHER Weston. Stable Games Room 10.30am-12pm DUNGEONS & DRAGONS Locking Castle Church 2pm	18 GREEN WALK Uphill Boat-Yard Cafe 3pm. Michelle	19
22	23 GREEN WALK Clevedon, Marshall Field & coastal path 10am-12pm. Kerrie	24	25 MEN'S WELLBEING The Campus 1pm-2.30pm	26 FREINDS TOGETHER Weston. Brunello Lounge 10.30am-12pm
29 Bank Holiday	30 WALKING GROUP Weston Pier to Grove Park 2-3.30pm. Kerrie	31		FRIENDS TOGETHER Clevedon Salthouse Pub 10.30am-12pm

Events are for members of North Somerset People First and are free. We welcome new members all the time. If you know someone interested, they can Email info@nspf.co.uk or call us on 01934 426 086.