

December 2022



North Somerset People First – supporting adults with Learning Disabilities and/or Autism

NSPF Activities

Here is our December events calendar. Pop the dates in your diaries of things that are of interest to you. From time to time, we may need to make small changes to the plan. Please look out for our weekly events list for latest details.



Monday	Tuesday	Wednesday	Thursday	Friday
				2 Friends Together Clevedon Meet at Salthouse Pub at 10.30am. Christmas Bingo. With Kerrie, Lynda and Denise
5	6 Festive Walking Group – Weston. With Kerrie, 2pm Meet at The Grand Pier. Wear a Christmas hat!	7	8 Christmas Jumper Day!	9 Friends Together Weston Brewers Fayre. Xmas Brunch and Quiz! 9.45am-11.30am. With Kerrie
12	13 Environmental Day Litter picking and special recycling activities. Hosted by NSPF & volunteers from Suez. 10.30am to 4pm (Mince Pies provided!)	14 Speaking Up Group Weston The Campus. 11am-1pm. With Kirsty & Gemma	15	16 Friends Together Portishead Meet at Hall & Woodhouse Pub at 10.30am. With Kerrie for Christmas games.
19	20 Ten Pin Bowling!! Meet at 10.45am Our Women’s Wellness and Men’s Wellbeing groups will merge for this Christmas Social! £10 each. Money to Kerrie, Joseph or Kirsty by 29 November. Limited places.	21 Speaking Up Group Portishead The Beacon Hub. 11am-1pm. With Kirsty Dungeons & Dragons Christmas Special Locking Castle Church with Joseph. 2-4pm	22 CHRISTMAS BREAK	23 CHRISTMAS BREAK
26	27 CHRISTMAS BREAK	28 CHRISTMAS BREAK	29 CHRISTMAS BREAK	30 CHRISTMAS BREAK

These events are for members of North Somerset People First and are free. We welcome new members all the time.
To find out more Email us at info@nspf.co.uk or call the team on 01934 426 086