

## NSPF Activities

Here is our May events calendar. Pop the dates in your diaries of things that are of interest to you. From time to time, we may need to make small changes to the plan. Please look out for our weekly events list and reminder invites, confirming the finer detail.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>Walking Group Clevedon @2pm.</b> Marine Lake to Pier	4 <b>Friendship Group Stables @11am</b>	5 <b>Men's Wellbeing Brunello Lounge @1pm</b>	6 <b>Better Together Weston Brunello Lounge @10.30am</b>	7
8	9	10 <b>Women's Wellness @10.30am</b> <b>Walking Group @2pm.</b> Grand Pier to Clarence Park	11 <b>Speaking Up Weston, Campus @11am</b> <b>Dungeons &amp; Dragons, Locking Church @2pm</b>	12	13 <b>Better Together Portishead Hall &amp; Woodhouse @10.30am</b>	14
15	16	17 <b>Walking Group Weston @2pm.</b> Grand Pier to Knightstone Island	18 <b>Friendship Group Weston Museum @11am</b>	19 <b>Men's Wellbeing @1pm</b>	20 <b>Better Together Weston Brewers Fayre (Premier Inn), Beach Road @10.30am</b>	21
22	23	24 <b>Strawberry Line, Yatton @10.30am</b> Women's Wellness & Walking Group mix	25 <b>Speaking Up Portishead, The Hub @11am</b> <b>Dungeons &amp; Dragons, Locking Church @2pm</b>	26	27 <b>Better Together Clevedon The Salthouse Pub</b>	28
29	30	31 <b>Walking Group Weston @2pm.</b> Grand Pier to Grove Park	1 JUNE <b>Friendship Group Stables @11am</b>	2 JUNE <b>BANK HOLIDAY</b>	3 JUNE <b>BANK HOLIDAY</b>	

These events are for members of North Somerset People First and are free. We welcome new members all the time. To find out more **Email us at [info@nspf.co.uk](mailto:info@nspf.co.uk) or call the team on 01934 426 086**