

September



2022

North Somerset People First – supporting adults with Learning Disabilities and/or Autism

NSPF Activities

Here is our September events calendar. Pop the dates in your diaries of things that are of interest to you. From time to time, we may need to make small changes to the plan. Please look out for our weekly events list and reminder invites, confirming the finer details.



Monday	Tuesday	Wednesday	Thursday	Friday
			1	Friends Together Clevedon. 2
5	6	7	8	9 GREEN Walk – Portishead Meet at Parish Wharf Leisure Centre @10.30am Walk of Marina & Coastal Path. With Kerrie
12	13 Walking Group - Clevedon Meet at Marine Lake for a walk to the Pier and back. @2pm With Kerrie	14 Speaking Up Group Weston The Campus. 11am-1pm. With Kirsty	15	16 Friends Together Portishead. Hall & Woodhouse @10.30am. With Kerrie.
19	20 Women's Wellness Campus at 10.30am Walking Group – Weston Meet at Grand Pier @2pm. Walk to Knightstone Island	21 Friends Together - Weston Stable Games Room 10.30am-12pm With Kerrie	22 GREEN Walk – Weston Litter pick at Clarence Park Meet in the park @11am (by café). With Sarah.	23
26	27 GREEN Walk Walk to Uphill via golf course/woodland & beach. Meet at Royal Sands @1.30pm.	28 Speaking Up Group Portishead. The Beacon. 11am – 1pm. With Kirsty.	29	30 Friends Together – Weston Brunello Lounge 10.30am – 12pm. With Kerrie.

These events are for members of North Somerset People First and are free. We welcome new members all the time. To find out more Email us at info@nspf.co.uk or call the team on 01934 426 086